

Regulations of the SpinIt! Championship Competition in Poznań

1. The organizer of the SpinIt! Championship competition is Natalia Wojtaszyk (NIP 7822937593, ul. Goplańska 21, 61-051 Poznań).

2. The co-creator of the event is Agnieszka Palfner "Piegus".

3. Fees related to participation in the competition are paid into the bank account of the FRIKAUT Association, which handles payment processing on behalf of the Organizer.

4. The competition will take place on November 20–22, 2026, at the following address:

POSiR Chwiałka Municipal Swimming Pool
Jana Sychalskiego 34, 61-553 Poznań

5. The aim of the competition is to inspire the Pole Dance and Exotic Pole community to improve technique, create original interpretations, and promote healthy competition based on the principles of sports ethics, safety, and mutual support.

6. Judging Panel

Information coming soon.

7. Definitions and Categories

Pole dance competition – An artistic and sports event of national or international scope, whose program includes disciplines in Pole Dance, Exotic, Pole Art, Pole Sport, and other variations practiced on a vertical pole.

Pole dance instructor – A person qualified to conduct pole dance classes (an instructor course confirmed by a passed exam) and who has in the past or as of the date of submitting the application conducted classes in pole dance, exotic, pole art, pole sport, or other variations of classes utilizing a vertical pole. Work seniority or one-time substitute teaching is not taken into account as experience. Individuals who obtain instructor qualifications or begin conducting classes after submitting their application are requested to send this information by email (kontakt@spinitchampionship.pl) so they can be qualified for a higher category. Applications of this type will be considered until the end of the application registration period.

Props – Any additional elements brought onto the stage that are part of the scenery or choreography, as well as parts of the costume removed or put on during the performance, and elements like hand loops and similar. Props must not endanger the safety of competitors or damage the stage and poles. Setting up and cleaning up props (including confetti) must not take more than 2 minutes in total.

Human props – A person acting as a prop in the competitor's choreography, who is not allowed to touch the pole and must hold a valid audience ticket. The use of human props serves exclusively for stage effects and does not replace technical pole dance elements.

The category description can be found in Appendix No. 1 to these regulations: Category Description.

8. Applications

To submit an application, fill out the form available at <http://spinitchampionship.pl/> and pay the application fee. For duets and groups, the form is filled out by one person.

A link to the application video must be attached to the form. The application video cannot consist of snippets, and the competitor's figure must be fully and constantly visible in the frame. The quality of the video should allow for a reliable assessment of the competitor's skills. The video does not have to present the final choreography; using two poles (static and spinning) is recommended but not required. The first two minutes of the application video will be taken into account for evaluation. The purpose of the application video is to present the competitor's skills in the selected category.

The deadline for submitting applications expires on August 31, 2026.

The application fee is 200 PLN per solo category. If a participant plans to perform in more than one category, a separate application form must be sent for each category and separate fees must be paid. For duets, the application fee is 300 PLN; for groups of three to five people, it is 450 PLN; and for groups of six to ten people, it is 600 PLN.

The application fee should be paid simultaneously with sending the application form to the following payment details:

STOWARZYSZENIE "FRIKAUT"
NIP: 7822940394, KRS: 0001105878
Account Number: 70 1140 2004 0000 3102 8490 8327
Address: Os. Rusa 125/25, 61-245 Poznań, Polska
Transfer Title: "SpinIt! participant First Name Last Name"

IMPORTANT! Please enter the correct transfer title; transfers with a different title will be returned!

Application and entry fees are accepted by the "FRIKAUT" Association based on an agreement concluded with the Organizer, solely for the purpose of handling payments related to the event. The Association does not conduct business activity and does not issue invoices; upon the participant's request, it may issue a bill or a certificate confirming the payment.

Between 3 and 15 people will be qualified for each category, **determined by the order of submissions.**

The list of qualified persons will be announced after the closing of applications, at the latest by September 14, 2026.

The Organizer reserves the right to combine categories in case of an insufficient number of submissions and to close lists earlier in case of high interest. Participants will be informed about combined categories before the competition starts. A participant has the right to withdraw from participation after the combination of categories is announced, but fees paid are non-refundable.

The final fee, confirming participation in the SpinIt! Championship, is 220 PLN per solo category. For duets – 300 PLN; for groups of three to five people – 450 PLN; and for six to ten people – 600 PLN.

The final fee must be paid within 7 days from receiving the official email confirming selection to the final list, using the payment details indicated in that email. Failure to pay the final fee on time will result in removal from the finalists list.

The application fee and final fee paid by the participant are non-refundable. In case of resignation from the competition by the participant, regardless of the reason and stage of the competition, the organizer does not refund the paid fees. A refund of the application fee and/or final fee is granted exclusively if the competition is canceled due to reasons attributable to the organizer.

In the event of cancellation, postponement, or inability to conduct the competition due to force majeure—understood as external, unpredictable events independent of the organizer—the application fee and final fee are non-refundable.

It is not possible to transfer a starting slot to another person.

The Organizer reserves the right to individually consider exceptional situations.

9. Reserve List

In each category, the number of basic slots is 15. After the slot limit is reached, competitors can only apply to the reserve list via a dedicated application form.

Applying for the reserve list does not require an application fee or a final fee.

If a slot on the starting list opens up—specifically due to a competitor's resignation, failure to pay the 1st or 2nd installment of the fee within the deadline, a competitor's transfer to another category, disqualification, or other reasons preventing participation—the Organizer will invite the next person from the reserve list.

A competitor transferred from the reserve list to the starting list is required to pay the full fee applicable to competition participants within 7 days from the date of receiving information about qualification. Failure to pay within the deadline is equivalent to resigning from participation, and the Organizer has the right to invite the next person from the reserve list.

The Organizer maintains the reserve list based on the order of submissions. If a slot opens up, the next person on the reserve list of that specific category is invited.

The Organizer reserves the right not to use the reserve list if organizational constraints prevent additional competitors from entering the competition.

10. Stage and Poles

There will be two chrome poles from SunPole on the stage, 4m high and 45mm in diameter, spaced 3m apart. Looking from the competitor's perspective, the static pole will be on the right side and the spinning pole on the left. The choreography requires the use of both poles, including at least one of them to a minimum height of 3m. The stage available to the competitors will measure 6 × 8 m.

11. Information for Competitors

The choice of costume remains an individual matter for the competitor, but the outfit must not hinder movement or pose a threat to the competitor or other participants. Exposing intimate parts, performing topless, and using costume elements that could damage the pole, stage, or floor are prohibited.

Stage props are permitted, provided their installation and clean-up take no more than 2 minutes in total. Using props that can damage equipment, the stage, or the floor, or that pose a threat to event participants, is prohibited.

The participation of "human props" (persons participating in the performance and moving on stage) is allowed. Human props must not touch the pole during the performance. Every person performing as a human prop is required to have a valid audience ticket.

The Organizer allows the use of an LED screen located on stage during the performance. If a competitor wishes to display video material, they must submit a finished .mp4 file containing both the video and a synchronized soundtrack. The file must be delivered by October 31, 2026, to the email address: kontakt@spinitchampionship.pl. The Organizer is not responsible for the malfunction of material sent in an incorrect format or after the deadline.

The track length for individual categories is:

Debut, Amateur: from 2:50 to 3:00 min

Semi-pro, Pro: from 3:00 to 3:30 min

Elite, Stars, Duets/Groups: from 3:00 to 4:00 min

If the time limit is exceeded, the presentation may be interrupted by the organizer.

The use of glues, grips, and other grip-enhancing substances that leave permanent marks or cannot be fully removed from the pole, stage, or floor is prohibited (Monkey Grip green, red, black). The Organizer reserves the right to order the removal of unauthorized substances before the performance or to disqualify the competitor in case of violation.

Competitors must send their musical track and video file with music by October 31, 2026, to the email address: kontakt@spinitchampionship.pl. After this deadline, changes may not be considered by the organizer. Music must be sent in .mp3 format and properly labeled: *"first name and last name / duet or group name / category"*.

12. Scorecards

Competitors will be evaluated according to artistic and technical criteria.

ART SOLO 18+ / 30+ / MEN

Criteria component	Maximum Points / Deductions
Artistic Side	
General presence (originality, concept, choreography, appearance)	max. 15 pts
Artistry, emotions	max. 10 pts
Musicality	max. 10 pts

Floorwork	max. 10 pts
Appearance (costume, hairstyle, makeup)	max. 10 pts
Technical Side	
Strength and dynamics (figures emphasizing strength and dynamics)	max. 10 pts
Technique (cleanliness and fluidity of performed figures, mounts, transitions, and dismounts)	max. 10 pts
Flexibility (overall flexibility, extension of knee and foot lines)	max. 10 pts
Consistency of performed elements with the music	max. 10 pts
Distinguishing elements / bonus points (optional) The judge may award 0 to 5 additional points for exceptional artistic, technical, or scenic qualities that particularly distinguish the performance and were not included in other criteria. Awarding these points is not mandatory.	max. 5 pts
Negative Points	
Fall, slip	max. -5 pts
Outfit or prop malfunction	max. -5 pts
Technical errors	max. -5 pts

Wiping hands	max. -5 pts
TOTAL SUM	max. 100 pts

EXOTIC SOLO 18+ / 30+

Criteria component	Maximum Points / Deductions
Artistic Side	
General presence (originality, concept, choreography, appearance)	max. 15 pts
Artistry, emotions	max. 10 pts
Musicality	max. 10 pts
Floorwork	max. 10 pts
Appearance (costume, hairstyle, makeup)	max. 10 pts
Technical Side	
Strength and dynamics (figures emphasizing strength and dynamics)	max. 10 pts
Technique (cleanliness and fluidity of performed figures, mounts, transitions, and dismounts)	max. 10 pts

Flexibility (overall flexibility, extension of knee and foot lines)	max. 10 pts
Consistency of performed elements with the music	max. 10 pts
Footwork – pointes, ankle joint stabilization	max. 10 pts
Distinguishing elements / bonus points (optional) The judge may award 0 to 5 additional points for exceptional artistic, technical, or scenic qualities that particularly distinguish the performance and were not included in other criteria. Awarding these points is not mandatory.	max. 5 pts
Negative Points	
Fall, slip	max. -5 pts
Outfit or prop malfunction	max. -5 pts
Technical errors	max. -5 pts
Wiping hands	max. -5 pts
TOTAL SUM	max. 110 pts

DUET / GROUPS ART 18+

Criteria component	Maximum Points / Deductions
---------------------------	------------------------------------

Artistic Side	
General presence (originalology, concept, choreography, appearance)	max. 15 pts
Artistry, emotions	max. 10 pts
Musicality	max. 10 pts
Floorwork	max. 10 pts
Appearance (costume, hairstyle, makeup)	max. 10 pts
Technical Side	
Strength and dynamics (figures emphasizing strength and dynamics)	max. 10 pts
Technique (cleanliness and fluidity of performed figures, mounts, transitions, and dismounts)	max. 10 pts
Flexibility (overall flexibility, extension of knee and foot lines)	max. 10 pts
Consistency of performed elements with the music	max. 10 pts
Synchronization of movements on and off the pole	max. 10 pts

Distinguishing elements / bonus points (optional) The judge may award 0 to 5 additional points for exceptional artistic, technical, or scenic qualities that particularly distinguish the performance and were not included in other criteria. Awarding these points is not mandatory.	max. 5 pts
Negative Points	
Fall, slip	max. -5 pts
Outfit or prop malfunction	max. -5 pts
Technical errors	max. -5 pts
Wiping hands	max. -5 pts
TOTAL SUM	max. 110 pts

DUET / GROUPS EXOTIC 18+

Criteria component	Maximum Points / Deductions
Artistic Side	
General presence (originality, concept, choreography, appearance)	max. 15 pts
Artistry, emotions	max. 10 pts

Musicality	max. 10 pts
Floorwork	max. 10 pts
Appearance (costume, hairstyle, makeup)	max. 10 pts
Technical Side	
Strength and dynamics (figures emphasizing strength and dynamics)	max. 10 pts
Technique (cleanliness and fluidity of performed figures, mounts, transitions, and dismounts)	max. 10 pts
Flexibility (overall flexibility, extension of knee and foot lines)	max. 10 pts
Consistency of performed elements with the music	max. 10 pts
Footwork – pointes, ankle joint stabilization	max. 10 pts
Synchronization of movements on and off the pole	max. 10 pts
Distinguishing elements / bonus points (optional) The judge may award 0 to 5 additional points for exceptional artistic, technical, or scenic qualities that particularly distinguish the performance and were not included in other criteria. Awarding these points is not mandatory.	max. 5 pts
Negative Points	

Fall, slip	max. -5 pts
Outfit or prop malfunction	max. -5 pts
Technical errors	max. -5 pts
Wiping hands	max. -5 pts
TOTAL SUM	max. 120 pts

The final result is the sum of points awarded by the judges, according to the evaluation card valid during the competition.

In the event of a tie, the higher artistic score determines the ranking, followed by the technical execution score.

The Organizer reserves the right to adjust results in case of arithmetic errors.

For the transparency of evaluation, maintenance of fair play principles, and ensuring the proper execution of the competition, participant scoring is subject to publication to the extent necessary for result presentation. The total number of points obtained by a competitor may be displayed publicly during the competition, particularly via LED screens, electronic systems, online streaming, and other communication methods used by the Organizer. A competitor's total sum of points will be displayed with a delay of a few minutes, resulting from the score verification process and organizational or technical factors. By submitting an application, the participant acknowledges and accepts the publication rules of their scores within the scope provided by these regulations.

Full scorecards of the competitors will be made available within 7 days from the end of the competition. Due to personal data protection and participant privacy, each competitor receives access exclusively to their own scorecard.

To maintain professionalism, impartiality of evaluation, and comfort for the judges' work, competitors, coaches, and accompanying persons are prohibited from engaging in discussions with judges regarding evaluations, scores, classifications, or the competition progression during the event.

It is also forbidden to approach the judging table, exert pressure on judges, comment on their decisions, or attempt to influence performance scores.

A judge cannot evaluate the performance of a participant who is their protegee, current student, or a person remaining in a close family or professional relationship with them.

In the event of a conflict of interest, the Organizer may exclude a judge from evaluating a specific category or competitor.

In place of the excluded judge, the evaluation score is awarded by the Organizer of the competition – Natalia Wojtaszyk.

The Organizer reserves the right to verify and resolve ambiguous situations. All questions, comments, complaints, or appeals must be directed exclusively to the competition organizer. The Organizer reserves the right to refuse consideration of entries directed straight to the judges.

13. Choreography and Copyrights

Competitors are required to indicate their coach, choreographer, or studio represented during the competition by providing this information in the application form.

The Organizer assumes that the choreographies presented during the competition are used with the authorization of their authors or were created by individuals holding appropriate rights. The Organizer does not verify the authorship of choreography or any arrangements between the competitor, coach, and choreographer.

Full responsibility for respecting copyrights and obtaining authorization to use the choreography rests with the competitor or the person registering the competitor for the event. Any disputes regarding choreography authorship, performance elements, or copyright violations remain outside the organizer's competence and should be resolved directly between the involved parties.

14. Awards

All competitors will receive a certificate of participation in the SpinIt! Championship competition.

Competitors who achieve places I–III in individual categories will receive medals and material prizes funded by event sponsors.

15. Stage Rehearsals and Pole Cleaning

Every competitor will have the opportunity to utilize a stage rehearsal before the start of their competition category. The rehearsal serves to familiarize themselves with the stage, poles, and performance space, as well as to verify the correctness of playback music and prepared lighting.

To streamline competition organization, light settings and technical information (such as props, human props, etc.) regarding the performance will be collected beforehand via forms provided to competitors by the organizer through email communication. During stage rehearsals, there will be no possibility to introduce changes directly with the lighting and sound engineers—the competitor only has the opportunity to check the compliance of prepared settings with previously submitted guidelines.

A detailed schedule of stage rehearsals will be provided to competitors in later email communication. The Organizer reserves the right to establish rehearsal lengths and hours depending on the number of participants and event progression. Stage rehearsals will proceed according to performance order and will last from a minimum of 1 to a maximum of 3 minutes per competitor.

A free-standing X-Stage pole will also be available at the venue for the competitors' use within a designated warm-up zone.

The Organizer provides a crew responsible for cleaning poles during the competition. A competitor has the option to clean the pole independently before their performance, but is required to report this fact in advance to the technical crew responsible for cleaning equipment so as not to disrupt the competition flow.

16. Audience

Every competitor receives free admission to the competition area for the entire duration of the event, including all competition days. Additionally, every competitor will receive one reduced/discounted ticket intended for a chosen accompanying person, coach, or family member.

Individuals performing as human props are required to hold a valid admission ticket to the audience area. Human props can use either a standard ticket or a discounted ticket provided by the competitor.

Admission to the event takes place according to the rules defined by the Organizer. Individuals under the influence of alcohol or intoxicating substances may be refused entry to the event grounds or removed without the right to a ticket refund. The audience is required to maintain safety rules and personal culture.

The audience can take photos and audio-video recordings during the competition for private use, provided it does not disrupt event progression, competitor performances, or technical crew work. Utilizing taken photos and recordings for commercial purposes without prior consent from the Organizer is prohibited. The Organizer is not responsible for photos and recordings taken by third parties present at the event.

Detailed information regarding ticket sales, prices, and distribution formats will be provided at a later date via the organizer's official communication channels.

17. Disqualification and Regulation Violations

The Organizer reserves the right to disqualify a competitor in case of violation of regulatory provisions, fair play principles, or behavior disrupting the event flow. Disqualification can occur particularly in case of:

- unsportsmanlike conduct,
- creating danger for oneself or other participants,
- deliberate destruction of equipment or event infrastructure,
- using prohibited substances on the pole or stage,
- attempting to influence judges' decisions,
- consuming alcohol or using intoxicating substances on the event grounds.

Within the competition area and during its progression, a total ban on alcohol consumption and the use of intoxicating substances applies to competitors, performers, and the audience.

The organizer's decision regarding disqualification is final.

18. Safety and Competitor Responsibility

Submitting an application to the competition is equivalent to declaring that the competitor's health status allows for safe participation in the event and performing physical activity related to pole dance. Every competitor participates in the competition at their own risk.

A condition for admitting a competitor to the competition is holding valid personal accident insurance (NNW) covering the period of the competition. Upon request by the Organizer, the competitor is required to present a document confirming possession of such insurance.

The Organizer is not responsible for injuries, trauma, accidents, or health issues arising before, during, or after the event, unless they result from gross negligence of the organizer. During the competition, medical protection will be present at the event area in accordance with valid regulations and object requirements.

The Organizer has the right to interrupt a performance if they deem that it poses a threat to the health or life of the participant, audience, or event crew. The Organizer may refuse start admission to a participant who does not meet safety requirements.

Using props that can cause danger to people or object infrastructure is prohibited. The participant bears full responsibility for damages caused by themselves or the props they use. In case of damage to equipment, the stage, pole dance poles, technical installations, or object furnishings, the participant is required to cover repair costs. The Organizer is not responsible for items left unattended.

19. Image and Photo / Video Materials

Participation in the competition is equivalent to expressing consent for the royalty-free recording, utilization, and publication of the image of competitors, coaches, human props, and other individuals participating in the event in the form of photography as well as audio and video materials made during the competition.

Consent covers material utilization by the organizer and sponsors for promotional, marketing, informational, and documentation purposes related to the activities of the SpinIt! Championship event, particularly through publication:

- in social media,
- on the organizer's websites,
- in promotional materials,
- photo/video reports,
- transmissions as well as partner and sponsor-promotional materials.

Participants are not entitled to additional compensation on this account.

Participants acknowledge that the competition may be streamed live (live streaming) via the official Instagram profile @spinitchampionship and other communication channels of the Organizer. The image of participants, coaches, human props, and other individuals taking part in the event may be recorded and disseminated within such stream, as well as saved and shared after its conclusion.

The Organizer undertakes to use materials in a manner that does not violate personal rights or the image of event participants.

20. Complaints and Appeals

A participant has the right to report a complaint regarding competition organization or violation of Regulation provisions. Complaints must be submitted electronically to the Organizer's address (kontakt@spinitchampionship.pl) within 7 days from the end of the competition.

The Organizer will consider the complaint within 14 working days from its receipt. Complaints regarding individual judicial evaluation are not subject to consideration, unless they concern an arithmetic or procedural error. The Organizer's decision after considering a complaint is final.

21. Personal Data Protection

The administrator of participants' personal data is the Organizer. Participants' personal data are processed for the purpose of organizing and conducting the competition, publishing results, conducting streams, photographic and film documentation, and executing the Organizer's legal obligations. Providing data is voluntary, but necessary to participate in the competition.

The participant holds the right to access data, correct them, limit processing, and other rights resulting from valid legal provisions.

22. Force Majeure

The Organizer bears no responsibility for non-performance or delay in competition execution caused by force majeure. Force majeure is recognized particularly as: natural disasters, fires, infrastructure failures, public authority decisions, epidemic threats, acts of war, riots, and other events remaining outside the control of the Organizer. In case of force majeure occurrence, the application fee and final fee are non-refundable.

23. Final Provisions

The Organizer reserves the right to introduce changes to the event schedule, competition program, and regulation text in justified organizational or accidental cases. Any updates and organizational information will be published via the organizer's official communication channels and sent to competitors via email.

Submitting an application to the competition is equivalent to accepting these regulations. In matters not regulated within the regulations, decisions are made by the Organizer.

The Organizer reserves the right to refuse event participation to individuals violating safety, order, or fair play principles.